

Beth Sasfai

Partner



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Beth is co-head of Cooley's corporate governance and securities regulation practice and leads the firm's environmental, social and governance (ESG) and sustainability advisory practice. She is a strategic advisor to boards of directors, board committees and executive leadership at both public and private companies. With more than 20 years of senior-level experience at a Fortune 20 multinational, Beth provides her clients a nuanced, board-level perspective on governance, disclosure, stakeholder engagement and sustainability.

Beth advises on a full range of corporate governance, disclosure and regulatory compliance matters, including governance policy development, board and committee structure, board oversight frameworks, disclosure controls, proxy season preparation, shareholder proposals, stakeholder engagement, and responsible business strategies. She also helps companies integrate sustainability, responsible business and risk management practices into corporate strategy and operations, positioning companies to meet evolving stakeholder, regulatory and investor expectations. Boards and management value Beth's pragmatic, forward-looking counsel, her deep corporate and board-level experience, and her ability to translate complex governance, sustainability and regulatory issues into implementable governance frameworks that balance risk management with long-term enterprise value.

A noted thought leader and advisor on governance and sustainability, Beth works with companies across market caps and sectors, from early-stage and pre-IPO companies to large multinational public companies, guiding them through complex cross-border regulatory landscapes. She is known for distilling complex governance and sustainability issues into pragmatic, business-focused advice that helps clients build resilient operations, foster stakeholder trust and deliver long-term value.

Before joining Cooley, Beth was Verizon's chief ESG officer and senior vice president of corporate governance. She also served as a management liaison to Verizon's board of directors' corporate governance and policy committee, which was charged with overseeing sustainability, governance, public policy and reputational risk. Before joining Verizon, Beth practiced in the corporate and litigation groups of prominent New York City law firms.

Education

University of Pennsylvania JD, 1997

Simmons College BA, 1993

Admissions & Credentials

New York

New Jersey

Rankings & Accolades

The Legal 500 US: Corporate Governance (2025)