

Beth Sasfai

Partner



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Beth is co-head of Cooley's corporate governance and securities regulation practice and leads the firm's ESG and sustainability advisory practice. She regularly advises boards of directors and management on a wide range of corporate governance, disclosure and regulatory compliance matters – including corporate governance policy and trends, shareholder engagement and activism, shareholder proposals and proxy season matters, and environmental, social and governance (ESG). She is a seasoned professional with a distinguished career spanning 20+ years in a Fortune 20 company, positioning her as a trusted advisor to boards and executive teams.

Beth closely monitors and advises clients on evolving best practices and on corporate governance and ESG proposals put forth by regulators around the world as well as other stakeholders, including investors and activists. She brings a wealth of experience in guiding large multinational US public companies through the complex global ESG and sustainability regulatory landscape, including reporting and disclosure controls, engaging with stakeholders, and operationalizing governance and risk management processes.

In addition to her public companies experience, Beth counsels companies of all market caps across a broad spectrum of industries, helping to integrate sustainability strategies, oversight and risk management principles into the life cycle of early-stage growth companies and pre-initial public offering companies. In advising companies on ways to integrate sustainability principles into business strategy and operations early on, she helps companies build resilience, enhance stakeholder relationships and future-proof their operations.

Before joining Cooley, Beth was Verizon's chief ESG officer and senior vice president of corporate governance. She also served as a management liaison to Verizon's board of directors' corporate governance and policy committee, which was charged with overseeing sustainability, governance, public policy and reputational risk. Before joining Verizon, Beth practiced in the corporate and litigation groups of prominent New York City law firms.

Education

University of Pennsylvania
JD, 1997

Simmons College
BA, 1993

Admissions & Credentials

New York

New Jersey

Rankings & Accolades

The Legal 500 US: Corporate Governance (2025)